

# Friends of Camp Concord has a strict Lice Policy to protect all campers and staff. If your child has lice, they cannot attend camp.

If your child is found to have lice within 48 hours of camp and you cannot arrange for treatment, no refund will be issued. However, if you notify the Youth Camp Coordinator at least 48 hours prior to bus departure and provide proof of lice detection on the registered camper, a 50% refund will be granted.

We conduct a Lice Clearance Check on departure day to ensure all campers are ready for their adventure. Certified staff from Comb it Out will thoroughly check each camper's head before they board the bus. While the checks occur near other campers, we strive to handle any lice cases with the utmost discretion and care. This is the final step before campers board and head off to camp.

If lice are detected, your camper cannot board the bus. You may perform treatment at home or seek professional assistance. You must arrange your camper's transportation to Camp Concord. Upon arrival, the camp's registered nurse will conduct another inspection to confirm that your child is lice-free before they join the camp activities. A refund to camp is not provided should you decide not to have your camper attend camp. See the refund policy.

Lice are not uncommon in any community, and treatment can occur quickly. The good news is there are plenty of ways to ensure your child is free of lice!

You can check your child's head for lice on your own! There are plenty of online resources to help you determine whether your child has lice. Please begin checking regularly two weeks before camp so you have plenty of time for treatment if they are found.

## Here are some tips about lice and performing lice self-checks:

- >> An itchy scalp can be a sign that lice may be present.
- You may be able to see the lice, or nits, by parting your child's hair into small sections and checking for lice and nits with a fine-tooth comb on the scalp, behind the ears, and around the nape of the neck (it's rare for them to be found on eyelashes or eyebrows).
- Adult lice are grayish-white or tan and no bigger than a sesame seed. Nymphs are smaller and become adult lice about 1-2 weeks after they hatch. If not treated, this process will repeat itself every 3 weeks or so.
- Nits are tiny, yellow, tan, or brown dots before hatching. These are usually on hair shafts close to the scalp. They may look like dandruff, but they don't come off by brushing or shaking them off. They hatch within 1-2 weeks of being laid.



If you suspect lice or want a qualified person to inspect, we suggest Comb it Out in Concord. Their website is **combitout.com**, and their phone number is (**925**) **849-6496**. If they do find lice, they can be treated immediately.

\*\*\* Campers not taking the bus to Camp Concord are to immediately check in with the camp RN upon arrival to receive a lice check. If lice are discovered, the child will be asked to leave and seek treatment and may return after treatment. The RN will then do another lice check. If the RN clears the camper, the child may join the campers in their assigned cabin. If the RN does not clear your camper, they must seek treatment again until the lice check is cleared. You may do this as often as you like, but treatment cannot occur at camp.

### If a camper is found with lice while at camp

- 1. Parents/guardians will be called and must pick up the camper within 8 hours of notification.
  - Parents/guardians are welcome to seek treatment off-site and return after treatment, which must be cleared by the RN. The camper's clothes and bedding must be replaced with clean/new articles before rejoining the cabin.
  - No refund will be given if parents/guardians choose to remove the child from camp.
- 2. The parents/guardians of the other campers in the cabin will be contacted and informed that someone in their child's cabin had lice. They will be encouraged to check their children's hair when they come home and treat them if necessary.
  - The camp RN will conduct daily checks on campers who share the cabin.

#### Parents/guardians and campers should be aware of the following:

- >> Lice are generally not a health concern.
- >> Lice are treatable, though it can take much work to eradicate them.
- >> Lice don't jump or fly-they crawl from one person to another.
- >> Head lice are usually spread from head-to-head contact, though they can sometimes spread from sharing brushes, hats, or bedding.



Head lice can be on your head, your campers' head, or your spouse's head, but they won't affect your pets and can't "infect" furniture, bedding, or pillows. They cannot survive more than two days off the scalp. So, if your child has lice, do not panic!

## Parents should talk to their camper before camp to help them understand how to avoid lice. Most importantly, tell them:

>> Do not touch heads with other campers (often done to pose for photos).

>> Do not share beds, pillows, hats, clothes, stuffed animals, brushes, or combs.

The discovery of lice can be upsetting, but remember, lice are simply an unfortunate part of community living, and even when proper steps are taken to avoid them, they can still show up. Many children who come home from camps with lice may have been the ones who brought them to the camp in the first place. Let's work together to minimize this nuisance by carefully checking campers before they come to camp. And then, hopefully, they will be able to not worry about them and have the time of their lives!!

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PARENT/GUARDIAN(S) PRINT NAME

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PARENT/GUARDIAN(S) SIGNATURE

DATE